



Molina Healthcare Enhances Disease Management Program

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Pfizer Health Solutions Technology to Help Members Fight Chronic Disease

LONG BEACH, Calif., Oct 27, 2004 /PRNewswire via COMTEX/ -- Molina Healthcare, Inc. ([MOH](#)) announced today that it is expanding its disease management efforts in partnership with Pfizer Health Solutions Inc (PHS). Molina will work with its members -- individuals covered under Medicaid and other government-sponsored health insurance programs -- to help improve their health and manage their chronic diseases, including asthma, diabetes and heart disease. Molina's care managers will use PHS' care management technology to provide patient-centered care to Molina members.

Through this program, all members of a health care team (patient, physician, care manager and administrator) work together to create a tailored care plan for each patient. This coordinated approach includes encouragement and support of the patient's health through phone calls and educational mailings. For example, care managers work with members to follow physician guidelines, including those for medication, diet and exercise.

"Molina is implementing this national program to help its members take a more active role in managing chronic disease and preventing complications from these conditions," said Dr. Richard Helmer, vice president and chief medical officer of Molina Healthcare. "We feel that high quality disease management is particularly important for the members we serve -- people who have traditionally faced barriers to accessing quality healthcare."

"Molina and PHS are collaborating to provide access to new health- improving resources and supportive clinical technology," said PHS Vice President John Sory. "We are dedicated to working together to reach Molina's members who could benefit from additional care -- and to showing that reaching out to care for patients yields great benefits to all."

About Molina Healthcare

Molina Healthcare, Inc. is a rapidly growing, multi-state managed care organization that arranges for the delivery of health care services to persons eligible for Medicaid and other programs for low-income families and individuals. Molina Healthcare currently operates health plans in California, Washington, Michigan, Utah and New Mexico. More information on Molina Healthcare can be obtained at <http://www.molinahealthcare.com>. About Pfizer Health Solutions

Created in 1995, Pfizer Health Solutions Inc (PHS) is the care management subsidiary of Pfizer Inc that merges innovative technology applications with clinical care. PHS develops and implements unique solutions that help achieve improvements in the quality of care delivery and in the operating efficiency of large health plans. To learn more, visit <http://pfizerhealthsolutions.com>.

The Company, from time to time, may discuss forward-looking information. Except for the historical information contained in this release, all forward-looking statements are predictions by the Company's management and are subject to various risks and uncertainties that may cause results to differ from management's current expectations. Such factors include the Company's third- party contracts, the Company's ability to accurately predict and effectively manage health benefits and other operating expenses, competition, changes in healthcare practices, changes in federal or state laws or regulations or the interpretation thereof, reduction in provider payments by governmental payors, disasters, numerous other factors affecting the delivery and cost of healthcare and other risks as detailed from time-to-time in the Company's reports and filings with the Securities and Exchange Commission. All forward- looking statements, if any, in this release represent the Company's judgment as of the date of this release. The Company disclaims, however, any intent or obligation to update forward-looking statements.

SOURCE Pfizer Health Solutions Inc

Amy Delmore of Pfizer Health Solutions, +1-212-733-0248; or
Juan Jose Orellana of Molina Healthcare, Inc., +1-562-435-3666

<http://www.molinahealthcare.com>

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